

LAWYERS

Coady Filliter, discounted rate equal to the government rate on moving/property. DND ID required, (902) 429-6264
Leahey Legal Services, up to 20% discount for real estate matters, (902) 492-1787
Singleton and Associates, 25% discount, (902) 492-7000

MARINE INDUSTRIAL PRODUCTS

Atlantic Aero Marine, 20% discount on retail, (902) 481-9000

MASSAGE/PHYSIO THERAPY

Inspired "You" Spa and Gifts, no tax for DND and military employees, (902) 434-1626
Lifemark Physiotherapy, 10% DND discount, check www.lifemark.ca for listings

OFFICE FURNISHINGS/ SUPPLIES

Atlantic Business Interiors, 50% discount on select items, (902) 468-3200
Basin Stationery, 50% discount on select items, (902) 453-0005
Corporate Express, 62% discount on catalogue prices, (877) 272-2121
Office Interiors, up to 10% discount on select items, (800) 565-4011

OPTICAL

LASIK MD, save up to \$230, please call for details, (866) 366-2020

PET CARE

Dogs at Home, 10% DND discount, 5769 Hwy 207, Seaforth, (902) 827-4492

PIZZA

Boston Pizza, 10% discount on dine-in food, Chain Lake Dr (902) 450-0450, Dartmouth Crossing, (902) 480-7878, Portland St, (902) 433-1234
Boston Pizza, 15% discount, dine-in & delivery, Granville Market, (902) 422-8600
Chad's Pizza, 15% on orders \$15 or more, 2764 Gottingen St, Hal, (902) 444-4440
Fred's Pizza, 10% on orders \$30 or more, 516 Pleasant St, Dartm, (902) 431-4300

PLUMBING

Roode & Rose Plumbing and Heating Specialists, CANEX financing available for 12, 24 or 36 months (OAC), 631 Windmill Rd, Dartm, (902) 468-1337

PRINTING

Transcontinental Printing, up to 10% on various products, (902) 450-3711
Speedy Print, 10% discount on all services, (902) 455-0411

PROMOTIONAL PRODUCTS

Fundy Textile & Design Ltd, 5 to 10% off promotional items, (902) 492-1461
Nova Trophy, up to 15% discount on select items, (902) 455-0056
Speedy Print, 10% discount, (902) 455-0411

REAL ESTATE

Atlantica Law Group's Military VIP Client Gift program offers significant advantages, benefits, and discounts, visit www.relocatecanadianmilitary.com, (800) 357-3884

Donna Harding Team, Royal LePage Anchor Realty, \$100 gift certificate on closing, (902) 229-1000

Exit Realty Optimum, free consultation with an interior decorator, (902) 802-5272
HomeLife Real Estate Centre, receive FREE one year unircs home warranty, (902) 252-3400

Key Realty Group, Comox BC, \$1,000 FREE when you sell with Mike Connors, (800) 409-1485, ext. 203

Keith Tannahill, Atlantic Lifestyle Realty, up to 2% cash back when buying or selling real estate, tbfeastlink.ca, (902) 452-3456

Royal LePage Atlantic, free market analysis, (800) 617-4081

RECREATIONAL VEHICLES, ACCESSORIES

Leisure Days RV Centre, Dartm, 20% discount on accessories for DND personnel, (902) 468-8943

RESTAURANTS

Wharf Wraps, 10% DND Discount 15% on groups of 8 or more, 50 Flandrum Hill, Eastern Passage (902) 465-3476

Bash Toulansys fine foods, 20% DND discount with valid ID, 5553 Duffus St, (902) 455-5120

Boston Pizza, 10% discount on dine-in food, Chain Lake Dr. (902) 450-0450, Dartm Crossing, (902) 480-7878, Portland St, (902) 433-1234

Boston Pizza, 15% discount on dine-in and delivery, Granville Market, (902) 422-8600

Brussels Restaurant and Brasserie, 10% DND discount, 1873 Granville St, (902) 446-4700

Emma's Eatery, 10% off bill for DND, (902) 406-0606

Hamachi House of Fine Japanese Cuisine, 10% DND discount, 5190 Morris St, (902) 425-7711

Hamachi Steakhouse Bar and Grill, 10% DND discount, 1477 Lower Water St, (902) 422-1600

Hamachi Grill and Sushi House, 10% DND discount, 644 Portland St, (902) 444-4688

Hamachi Kita Sushi and Asian Flare, 10% DND discount, 5543 Young St, (902) 431-5543

Old Port Pub & Grill, 10% off bill for DND, (902) 404-7678

Rogi Orazio Pasta and World Cucina, 10% DND discount, 5537 Young St, (902) 454-9991

Smitty's, 10% DND discount on all purchases, excluding alcohol, Main St,

Dartmouth, (902) 435-4444

Solovera Restaurant and Lounge, 10% DND Discount, ID required, valid on regular menu items, 118 Wyse Rd, Dartm, 469-9766

Sushi Nami, 10% off for military personnel, 1535 Dresden Row, Hal, (902) 422-9020

The Dragon Buffet King Inc, 10% discount from Mon to Wed, (902) 444-3538
Toulansys Lunchbox, Corner of Gottingen and Kaye, 10% discount on combo plates with valid ID, (902) 455-5535

SEAFOOD

Clearwater, Bedford Highway, 10% discount on all regularly priced merchandise, (902) 443-0333

Clearwater, Enfield, 10% discount on all regularly priced merchandise, (902) 873-4509

Sushi Nami, 10% off for military personnel, 1535 Dresden Row, Hal, (902) 422-9020

SHOPPING

Ben Moss Jewellers, Hal Shopping Centre, 10% DND discount on regular priced merchandise only, (902) 454-5891

Ben Moss Jewellers, MicMac Mall, 10% DND discount on regular priced merchandise only, (902) 461-2250

CANEX, A-Block, Stadacona, ask us about our no interest credit plan (OAC), (902) 422-2249
CANEX, Bldg 108, Windsor Park, ask us about our no interest credit plan (OAC), (902) 465-5414

CANEX, Shearwater, ask us about our no interest credit plan (OAC), (902) 466-2303
Costco Wholesale, offers DND employees special promotions, call Nancy Cross (902) 450-5305

Future Shop, 13% discount on selected products excluding (warranties and services). Also computers, laptops, gaming consoles, digital audio and digital cameras will be offered a 5% discount. Not applicable to be combined with other Future Shop promotions or special events. (902) 450-7200 and (902) 481-1518

Murphy Gear, 20% DND discount on Carhartt, and work boots, 10% on work clothes, 3514 Joseph Howe Drive, Halifax, (902) 443-8641

Old Creel Canoe and Kayak, CANEX financing available for 12, 24 or 36 months (OAC), 2455 Highway 2, Waverley, (902) 860-1938

Soles in Motion, 10% discount on all regular priced footwear and clothing, (902) 468-7911

SportChek, 10% off regular prices, 5% off sale prices, *some exceptions apply, must show military ID, 215 Chain Lake Drive, (902) 450-1014, 25 Lelair Row, Dartm Crossing (902) 468-6506, Hal Shopping Centre, (902) 455-2528

SKIING

Ski Martock, \$15 for a day pass, available at the PSP Information Kiosk, (902) 721-1201

Ski Wentworth, \$5 off a full day lift ticket with valid ID, (902) 548-2089

SNACK FOODS

Humpty Dumpty, 15% on products for the ships, (800) 378-8680

SPAS

Chrysalis Spa & Care Centre, 10% discount on services, (902) 446-3929
Inspired "You" Spa and Gifts, no tax for DND members, (902) 434-1626

SPORTING LEISURE

Paddle East Canoe & Kayak, 10% DND discount, (866) 665-6638

SportChek, 10% off regular prices, 5% off sale prices, *some exceptions apply, must show military ID, 215 Chain Lake Dr, (902) 450-1014, 25 Lelair Row, Dartm Crossing (902) 468-6506, Hal Shopping Centre, (902) 455-2528

Micco Promotional Products, please call Paul Bertrand for details, (902) 457-9048 or (902) 877-0577

Stick Fix Halifax, \$10 off all repairs or purchases of composite hockey sticks, stickfixhalifax.com, (902) 821-2181

STORAGE

Atcan Self Storage, 10% discount on all storage units, (902) 422-7368

Metro Self Storage, 10% discount, (902) 468-5459

U-Haul Self Storage, 10% off all storage units, one-way only, (902) 469-4487

TELEPHONE

BellAliant, DND packages available, DND ID required, (800) 267-1110

TIRES

GCR Tires, up to 48% discount on Firestone Tires (list price), (902) 468-8473

Gray's OK Tire, CANEX financing available for 12, 24 or 36 months (OAC), 3587 Percy St, (902) 431-5191

TOWNHOUSES

Villas at Mont Blanc, DND discount, please call for details, (902) 431-9911

TRADE SCHOOL

Consolidated Fluid Power, 10% discount on short courses when registering for all four levels, (902) 468-8814

TRAVEL AGENTS

Sears Travel, 5% discount on select packages for serving and retired military and their families, Dartm, (902) 463-1690, Hal, (902) 454-7443

WATER SERVICES

EcoWater Nova Scotia Ltd, 10% discount on residential softeners and filters, (902) 832-7873



DND
DISCOUNTS 
WWW.DNDDISCOUNTS.CA



2009 SUMMER 2009



DND DISCOUNTS is a local discount program which lists a wide range of Nova Scotian companies that offer a variety of discounts to Canadian Forces Members, Department of National Defence (DND) personnel, Non Public Funds employees and their families. The discounts apply to regular or list prices unless otherwise specified. In the event of a sale price that is better than the DND discount, the sale price will apply.

Military members can get ID cards for immediate family through the Military Family Resource Centre, Halifax (902) 427-7788 or Shearwater (902) 720-1885. Civilian DND and retired Canadian Forces (CF) members can get family ID cards through the PSP Information Kiosk, (902) 721-1201. Please visit www.dnndiscounts.ca for a list of our most up-to-date local discounts, or www.canexdiscounts.ca for a national list.

APARTMENT RENTALS

City Centre Property Management, 5% discount on all new yearly leases and furnished suites, (902) 880-8439
 Harbourshore Acres, 5% discount on rent only, (902) 465-3135
 Homburg, 5% discount to DND employees at all Dartm locatons, (902) 461-4663
 Killam Properties, half a month's free rent on all yearly leases in Halifax area, (902) 430-3243
 Ocean Towers, Brunswick and Gerrish St, 5% discount on monthly rent for DND/ Military employees, (888) 310-7000
 Olympus Properties, on a yearly lease, receive half a month's rent free on last month, applies to the first year only, (902) 469-0764
 Spice Condominiums, free upgrade to stainless steel appliances when purchasing a Spice Condo, (902) 431-9911

APPLIANCE REPAIRS & SERVICE

Appliance Maritimes, 15% discount on all repairs, (902) 468-6848
 Reliable Parts, 20% discount on parts, (902) 453-0880

AUTO RENTALS

Discount Car and Truck Rentals, 15% discount, (902) 468-7171
 National Car and Truck Rental, military rate with unlimited km, (902) 422-4439

AUTO SALES & LEASING

Hillcrest Kia, \$500 rebate for military personnel, (902) 453-3477
 MacPhee Pontiac, Neil Keeping, \$500 off toward purchase or lease of new 2009 GM vehicle, 636 Portland St, Dartm, (902) 434-4100
 Metro Mitsubishi, call for details, (902) 463-6792
 SATURN SAAB of Dartm, \$500 off, exclusive to CF active and retired military and spouses, (902) 462-2299
 SATURN SAAB of Hal, \$500 off, exclusive to CF active and retired military and spouses, (902) 453-2770
 Steele Ford Lincoln, 10% discount on regular price parts and labour, (902) 453-1130
 Suzuki in Dartm, 5% off your purchase of a Suzuki Motorcycle or ATV, available to regular and retired members of the Regular Force and Reserve Force, (902) 466-0086

AUTOMOTIVE RUST CONTROL

Cheapy Tire, \$10 off regular prices at participating locations, (902) 469-3253
 Halifax Rust Check, \$10 discount to DND members, 5677 Harris St., (902) 429-2823

AUTOMOTIVE SERVICES

Action Truck Caps and Access, 10% discount on accessories, (902) 468-4343
 Chebucto Ford Sales, 15% DND discount on parts, (902) 434-7700
 Dartmouth Dodge, 20% off parts and labour, (902) 469-9050
 GCR Tires, up to 48% discount on Firestone Tires (list price), (902) 468-8473
 Halifax Rust Check, \$10 discount to DND members, 5677 Harris St, (902) 429-2823
 Pothier Motors Ltd, Falmouth NS, 10% off labour in service dept, 20% off parts (902) 798-9584
 Steele Ford Lincoln, 10% discount on regular price parts and labour, (902) 453-1130

Suzuki in Dartmouth, 5% off your purchase of a Suzuki Motor cycle or ATV, available to Regular and Retired members of the Regular Force and Reserve Forces, (902) 466-0086

BEAUTY SALONS

Helen's Family Barbershop and Tanning, military special - 10% discount on hair cuts and get one tan free, (902) 455-5775

BEAUTY SALONS AND SUPPLIES

Helen's Family Barbershop and Tanning, military

special - 10% discount on haircuts and get one tan free, (902) 455-5775

BREWING SUPPLIES

Maritime Wine and Brews, 10% off wine and beer kits, (902) 454-8278

BUILDING SUPPLIES

Alweather Windows and Doors, 5% discount for active military members on all products/services, (902) 468-2605
 Burnside Windows and Doors, 3% discount at time of order and free delivery, (902) 468-7114
 Jennifer Allan Interiors, Dartm, 10% discount with DND ID, toll-free (877) 832-2572

CAMPGROUNDS/ COTTAGE RENTALS

Falls Lake, first tier pricing for CF, DND and NPF employees, (877) 325-5253
 Milford House, South Milford, NS, 15% DND discount on regular rates for serving and retired military, (902) 532-2617

CANVAS

Maritime Canvas Converters, 10% discount, (902) 429-1201

CLEANING PRODUCTS/EQUIPMENT

Zep Manufacturing Company of Canada, monthly product specials, (902) 468-8209

CLOTHING

Alexander Keith's Nova Scotia Brewery, 25% discount on retail merchandise, excluding beer, (902) 455-1474
 Costco Wholesale, offers DND employees special promotions, call Nancy Cross (902) 450-5305
 Fundy Textile and Design Ltd, 5 to 10% discount on promotional items, (902) 492-1461
 Murphy Gear, 20% DND discount on Carhartt, and work boots, 10% on work clothes, 3514 Joseph Howe Drive, Hal, (902) 443-8641
 Nova Trophy, up to 15% discount on select items, (902) 455-0056
 Soles in Motion, 10% discount on all regular priced footwear and clothing, (902) 468-7911
 SportChek, 10% off regular prices, 5% off sale prices, *some exceptions apply, must show military ID, 215 Chain Lake Drive, (902) 450-1014, 25 Lelair Row, Dartmouth Crossing (902) 468-6506, Hal Shopping Centre, (902) 455-2528

COMMUNICATIONS/PAGING

BellAliant, DND packages available, DND ID required, (800) 267-1110

COMPUTERS & ACCESSORIES

CANEX, A-Block, Stadacona, ask us about our no interest credit plan (OAC), (902) 422-2249
 CANEX, Bldg 108, Windsor Park, ask us about our no interest credit plan (OAC), (902) 465-5414
 CANEX, Shearwater, ask us about our no interest credit plan (OAC), (902) 466-2303
 Future Shop, 13% discount on selected products excluding (warranties and services). Also computers, laptops, gaming consoles, digital audio and digital cameras will be offered a 5% discount. Not applicable to be combined with other Future Shop promotions or special events. (902) 450-7200 and (902) 481-1518

DIVING EQUIPMENT & TRAINING

Sand and Sea Dive Shop, CANEX financing available for 12, 24 or 36 months (OAC), 294 Main St., Kentville, (877) 678-3483
 Torpedo Rays Scuba Adventures, 10% discount on equipment and training (excludes tanks and sale items), (902) 481-0444

DRY CLEANING/TAILORING

Andrei Master Tailors, CANEX financing available for 12, 24 or 36 months (OAC), (866) 826-1059
 Christine's Tailor Shop, 10% discount on alterations, (902) 469-2861

DUCT CLEANING

Ultramar Limited, (902) 468-5006

EMBROIDERY

Nova Trophy, up to 15% discount on select items, (902) 455-0056

ENTERTAINMENT

Alexander Keith's Nova Scotia Brewery, 25% discount on retail merchandise, excluding beer, (902) 455-1474
 Atlantic Wind Adventures, CANEX financing available for 12, 24 or 36 months (OAC), 552 Windmill Rd, Dartm, (902) 468-0205
 Claytime, 15% discount to DND employees and their families, 748 Bedford highway location, (902) 443-6300
 Halifax Mooseheads Hockey Club, discount tickets available at the PSP Information Kiosk, (902) 721-1201

Neptune Theatre, 20% discount on regular A seating, (902) 429-7070
 Play N Trade Video Games, free Insiders Club membership for military members, (902) 407-4263
 Scotia Speedworld, special pricing available at the Gate, (902) 873-2277

FAST FOOD

Burger King, All Metro Locations, 15% discount, (902) 454-7676
 KFC, All Metro Locations, 15% discount, DND ID required, (902) 477-1647
 McDonald's, All Metro Locations, 15% discount, DND ID required, (902) 455-3737
 The Dragon Buffet King Inc, 10% discount from Monday to Wednesday, (902) 444-3538
 Tony's Pizza, 15% discount at Scotia Square location only, (902) 425-5885

FINANCIAL SERVICES

Shellnutt Financial Services, free one-hour consultation and discounted tax preparation, (902) 434-3301

FIRE & SAFETY EQUIPMENT

MicMac Fire & Safety Ltd, 10% discount, (902) 468-6060

FLOOR COVERINGS

Wacky's Carpet, up to 10% discount with ID on select items, (902) 835-9974

FRAMING

Frames Plus Art, 20% off custom framing and plaque mounting, 2765 Agricola St, (902) 455-9762
 Haverstock Creative Designs, 10% discount custom picture frames, (902) 832-5927

FURNITURE & APPLIANCES

Ashley Furniture, DND discount, please call for details, (902) 450-7007
 CANEX, A-Block, Stadacona, ask us about our no interest credit plan (OAC), (902) 422-2249
 CANEX, Building 108, Windsor Park, ask us about our no interest credit plan (OAC), (902) 465-5414
 CANEX, Shearwater, ask us about our no interest credit plan (OAC), (902) 466-2303
 Costco Wholesale, offers DND employees special promotions, call Nancy Cross (902) 450-5305
 Gallery 1, 18 months no interest or payments or they pay all the taxes any time you want, valid ID required, (902) 466-5552
 Lane Home Furnishings, please call for details, (902) 405-5263
 Jennifer Allan Interiors, Dartm, 10% discount with DND ID, toll-free (877) 832-2572
 La-z-boy Furniture Galleries, 15% discount on regular priced items, (902) 450-2227
 Nothin' Fancy Warehouse, 5% discount on regular price items, (902) 865-7006
 Simmons Mattress Gallery, free pillow/bed frames with purchase of sleep set, (902) 450-0233

GOLF COURSES

Hartlen Point Forces Golf Club, DND rates apply, please call for details, (902) 465-6354
 Links of Montague, 15% discount on golf and golf instruction, (902) 452-1840
 Lost Creek Golf Club, DND discount available Monday to Thursday (summer), (902) 865-4653

HAIR SALONS

G Force Hair Co., 15% off cuts; 20% off colours, Joseph Howe Superstore, (902) 455-3263
 Helen's Family Barbershop and Tanning, military special - 10% discount on haircuts and get one tan free, (902) 455-5775

HOME DECORATING

Frames Plus Art, 20% off custom framing and plaque mounting, 2765 Agricola St, (902) 455-9762
 Haverstock Creative Designs, 10% discount custom picture frames, (902) 832-5927
 Jennifer Allan Interiors, Dartm, 10% discount with DND ID, (877) 832-2572
 Purdy Painting, Commissioned portraits, Military offer starting from \$850, 15% discount off regular price, (204) 885-0111
 Vintage Hardwood Flooring, 10% discount with ID and Trident ad coupon, 114 Chain Lake Drive, (902) 450-5727

HOME HEATING

Bluewave Energy, up to 8 cents/litre discount, (902) 468-8700
 EnCom Group Energy Solutions, \$200 off any stand-by generator or solar hot water systems, (902) 860-0081
 Rooede & Rose Plumbing and Heating Specialists, CANEX financing available for 12, 24 or 36 months (OAC), 631 Windmill Rd, Dartm, (902) 465-5414
 Ultramar Ltd, 6 cents/litre discount, (902) 468-5006

HOME RENOVATIONS

Allwood Milling and Manufacturing, 15% discount to DND members and families on all products and services, (902) 449-8559

Alweather Windows and Doors, 5% discount for active military members on all products/services, (902) 468-2605
 ICI Paints/Color Your World, Up to 40% off ICI branded paints and up to 20% discount on sundries or accessories, (902) 468-3965
 Scotian Homes, your choice of five GE appliances or first month mortgage payment or upgraded flooring, please call for details, (902) 883-2266
 Vintage Hardwood Flooring, 10% discount with ID and Trident ad coupon, 114 Chain Lake Drive, (902) 450-5727

HOME/ BUILDING INSPECTIONS

A Buyers Choice Home Inspection Ltd, \$20 donation will go to GCWCC/United way on behalf of member, (902) 446-4740

HOTELS/MOTELS

Cambridge Suites Hotel, discounted rate equal to the government rate, DND ID required at check in, (902) 420-0555
 Choice Hotels, please call for info, up to 15% discount with ID, (800) 424-6423
 Citadel Hotel, discounted rate equal to the government rate, DND ID required, (902) 420-1391
 Comfort Inn, 15% off standard preferred rate, DND ID required, (902) 463-9900
 Commons Inn, Halifax, DND discount available, (902) 484-3466 or (877) 797-7999
 Courtyard by Marriott, 15% off government rate, request Support our Troops leisure rate, Military ID required at check in, 5120 Salter St, Hal, (902) 428-1900, (800) 321-2211
 Days Inn Dartmouth, 10% standard preferred rate, DND ID required, (902) 465-6555
 Four Points Sheraton, discounted rate equal to the government rate, DND ID required (902) 423-4444, call (866) 444-9494 for reservations
 Holiday Inn Select, Hal, 15% off government rate, request CANEX Discount Program rate, DND ID required, (902) 423-1161
 Inn on the Lake, 10% discount on all rooms, (902) 861-3480
 Lakeview Inns & Suites, discounted rate equal to the government rate, DND ID required, (902) 450-3020
 Oak Island Resort and Spa, \$10 off for DND employees, (800) 565-5075
 Quality Inn & Suites Halifax, 15% off standard preferred rate, DND ID required, (902) 444-6700
 Quality Inn MicMac, 15% off standard preferred rate, DND ID required, (902) 469-5850
 Ramada Plaza, discounted rate equal to the government rate, DND ID required, (800) 561-3733
 Residence Inn by Marriott, 15% off government rate, request Support our Troops leisure rate, Military ID required, (902) 431-3118
 Rodd Colony Harbour Inn & Suites, discounted rate equal to the government rate, DND ID required, (800) 565-7633
 Rodd Grand Yarmouth, discounted rate equal to the government rate, DND ID required, (800) 565-7633
 Super 8 Hotel, Dartm, 20% off government rate, request CANEX Discount Program rate, Military ID required (902)-463-9520
 The Inn at Fisherman's Cove, \$10 off any stay, (902) 465-3455
 The Lord Nelson Hotel & Suites, discounted rate equal to the government rate, DND ID required, (902) 423-6331
 The Westin Nova Scotian, discounted rate equal to the government rate, DND ID required, complimentary shuttle service to DND base, Mon to Fri, 8 am to 8 pm, (877) 993-7846

HOTELS/MOTELS (OUT OF TOWN)

Best Western Cartier, Cartier, Gatineau, QC, government rates apply, (800) 265-8550
 Les Suites Hotel, Ottawa, ON, government rates apply, (800) 267-1989
 Cartier Place Suite Hotel, Ottawa, ON, government and posting rates apply, (800) 236-8399

INDUSTRIAL PRODUCTS

Atlantic Hardchrome, 10% discount on regular priced items, (902) 469-3606
 Mill Supply, up to 50% discount on select items, (902) 468-3236
 TTL Supply, 30% discount, (902) 468-5202
 Zep Manufacturing Company of Canada, monthly product specials, (902) 468-8209

INTERNET

BellAliant, DND packages available, DND ID required, (800) 267-1110

JEWELLERY

Ben Moss Jewellers, Halifax Shopping Centre, 10% DND discount on regular priced merchandise only, (902) 454-5891
 Ben Moss Jewellers, MicMac Mall, 10% DND off regular priced merchandise only, (902) 461-2250

