



HEALTH PROMOTION SERVICES (PSP) Course Registration Form

Please return your completed registration form
to the Health Promotion Office:

Bldg. S-18, Rm. 206, Stadacona
Fax: 721-8705

Check here if you would like to be placed on our HP distribution list for upcoming programs.

How did you hear about our program?

PSP website Marlant Bulletin Board Trident Newspaper Unit HP Rep Email Word of mouth Display

Course Requested: Top Fuel for Top Performance		
Course Dates:		
Name:		
Rank:		
CF Affiliation:	<input type="checkbox"/> Reg. Force	<input type="checkbox"/> Reserve Force <input type="checkbox"/> CF Family Member <input type="checkbox"/> DND/NPF Civilian
Unit:		
Phone #	Daytime:	Evening:
Email Address:		

NOTE: Please have your supervisor complete the following Request for Time off Work. This must be completed along with your registration information. Additional course information (e.g., dates, timings, program description) that your supervisor may require, is available on our website.

REQUEST FOR TIME OFF WORK

This program/workshop is designed and tested specifically for the Canadian Forces. It is an integral part of the *Strengthening the Forces* Health Promotion initiative to improve the health of military personnel. Approval to attend this workshop during work time indicates the military's commitment to assist the member in developing their skills concerning this matter.

I hereby support _____'s efforts by providing time off work to allow him/her to attend the *Strengthening the Forces*' program/workshop.

Date: _____

Supervisor's Name: _____

Print Name

Supervisor's Signature